

Boudicca's Bard

Cleansing stones: Ritual for cleansing a crystal

By Galen Starwalker

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Perhaps the simplest thing is to place the stone in full sunlight for a day, three days or even a week, if necessary. Outdoors is best as window glass filters out some of the Sun's rays. Remove the stone from the window ledge, whatever, every evening at dusk.

Placing the stone in running water for a time. If a stream, be sure that you have the stone in some kind of container so the water doesn't wash it away.

If you have no stream handy, (and who does?) take it in the shower with you and let the running water wash away the negativity. Do this as many times as necessary.

A third way is to bury the stone in the earth for a few days. I have dug a small box of earth and brought it inside and placed a stone in this, changing the earth once or twice, if necessary, (if you don't live where you have access to a garden, etc.)

I have also heard of placing a stone in the freezer for a few days, however, if the stone contains water, such as opal does, the water may freeze and shatter the crystal.

RITUAL

You will need a small container of earth, one of water, some incense and a red candle. Place each of these items on your altar in the appropriate direction, (depending upon your tradition) and the stone in the center.

Call your quarters, asking for assistance, ask also for the assistance of The God and Goddess. Light your red candle and incense.

Place the stone in the earth for a few minutes, saying: "I purify and cleanse you with earth.) Visualize the earth absorbing the negative energy of the stone for a few minutes. Remove it, wipe it with a cloth to physically clean it of earth particles.

Next hold it in the smoke of the incense. Pass the stone through the smoke from the incense from right to left nine times while saying: "I purify and cleanse you with air," while visualizing the negative energy drifting away with the smoke.

Next, quickly pass the stone through the flame of the candle nine times from right to left while saying, "I purify and cleanse you with fire." Visualize the negative energy being consumed in the flame while doing this. Do this quickly so you don't heat and possibly break the stone or burn your hand.

Finally, place the stone in the container of water, saying: "I purify and cleanse you with water," while visualizing the negative energy being absorbed into the water.

Do this more than once, if needed; three times should clean even the most stubborn energies from a crystal. The water, earth, ash from

the incense and leftover candle should be left in the earth as a offering to The Gods.



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